

# Student Clubs, Activities, and Athletics

Student clubs, activities, and athletics are available to current full-time Lincoln-Way students. To be considered full-time, the student must be enrolled for at least five periods. Non-public students, regardless of whether they attend a District school part-time, will not be allowed to participate in extracurricular activities.

In deciding which club you would like to join, the following things need to be considered:

1. Each student should make an effort to join and participate in at least one club or activity.
2. If a student joins more than one club, he/she should review his/her program with one of the counselors to see if he/she is carrying too heavy a load. A person who belongs to too many clubs is often not a good club participant.
3. A student should not accept a major office in more than one club or class.

All Lincoln-Way Clubs must meet the following criteria:

1. Every club must have a written constitution approved by administration before being fully recognized. Whenever a need arises for a new club, the interested students should contact one of the staff members.
2. All club constitutions must be on file in the activities office.
3. Only school-sanctioned clubs are allowed to use the daily bulletin and hallway bulletin boards for the dissemination of information concerning club activities.
4. Regular class or club dues are not to be assessed, but special assessments for club activities or gifts may be made. This does not affect the collection of dues for sanctioned state or national participation by those clubs so organized.
5. Clubs are required to meet on campus unless prior approval has been obtained from a designated administrator.
6. All club funds must be kept in a Lincoln-Way Student Activities Account. Any expenditures must be consistent with club members expressed wishes and compatible with the club's purpose.
7. All clubs must have a District #210 faculty sponsor.
8. Any fund raising or sales into the community must be scheduled and approved through the administration.
9. Membership in Lincoln-Way Clubs shall be open to all students unless a club constitution lists specific requirements for membership.

10. Field trips, including overnight trips, must be approved by a designated administrator and must be adequately chaperoned. All club members participating in such field trips must have a signed parent permission card on file before participation.
11. Student school-approved clubs shall have priority in the concession lottery, ahead of activity groups with no constitution.
12. Club write ups on the district website/Activities link should be updated annually by the club sponsor.

## CODE OF CONDUCT

Lincoln-Way High School District 210 ("Lincoln-Way") proudly encourages and supports students who elect to represent the school in extracurricular and/or co-curricular activities. Lincoln-Way believes in the valuable results of mental, social and physical development of the student body. Students who participate in extracurricular and/or co-curricular activities represent Lincoln-Way year round. As such, participation is a privilege, not a right and all student representatives of Lincoln-Way activities must adhere to the following rules and regulations, seven days a week, twelve months a year, whether or not school is in session as a condition of participation.

The following requirements, procedures and consequences relate to participation and eligibility in extracurricular and/or co-curricular activities only and do not preclude the imposition of sanctions up to and including suspension and/or expulsion from school as outlined in the student discipline code where appropriate.

## PREREQUISITE REQUIREMENTS

Any student who intends to participate and/or actively participate in any extracurricular and/or co-curricular activity on behalf of Lincoln-Way must:

1. Submit a signed permission form by the student's parent and/or guardian consenting to participating in an extracurricular and/or co-curricular activity, prior to the student's first extracurricular and/or co-curricular activity of the school year.
2. Agree to abide by all rules and regulations of the Illinois High School Association and the Lincoln-Way High School District 210 Board of Education policies, rules and regulations.

3. Attend a Code of Conduct seminar with a parent and/or guardian prior to the student's first extracurricular and/or co-curricular contest/activity.
4. Sign a Code of Conduct contract.

Attendance at school is required for the last half of the school day or more to be eligible to participate in that day's extracurricular and/or co-curricular activity. An absence on the last day of the school week will not preclude participation in a weekend activity. Emergencies and pre-arranged absences will not be considered absences.

## PROCEDURE

Procedures to follow related to Code of Conduct issues:

1. An investigation will be initiated.
2. Prior to the decision to impose any penalty, the student-offender will be informed of the alleged violation and afforded an opportunity to make any statement on his/her behalf.
3. If a code of conduct violation has been determined:
  - Contact parents/guardian to set a meeting date with the student, parent and school officials to discuss the code of conduct violation.
  - School Officials/Parents may opt to do a phone conference in lieu of a face-to-face meeting.
  - This meeting must occur within 24 hours of a determination of the violation, when practicable, or the next school day following the determination of the violation.
  - ***If the parent/guardian is unable to meet within this time frame, the penalty will be imposed pending a later-scheduled meeting.***
4. A follow-up letter will be sent to the student and parents regarding violation/consequences, and notifying them of their right of a review of the penalty with the school building principal.
5. The right to review does not postpone the penalty imposition. The decision of the school building principal shall be final and is not subject to further review.
6. Penalties imposed pursuant to this Code of Conduct relate to the student's eligibility to participate in Lincoln-Way extracurricular and/or co-curricular activities only and does not preclude the imposition of

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penalties for violations of Lincoln-Way High School District 210 Board of Education rules, regulations and policies where appropriate. Penalties imposed for rule violations conducted in the course of co-curricular activity shall not be in the form of grade punishment.

7. Where a penalty is imposed, the student-offender will be removed from a leadership position (i.e. officer of the Student Council, leadership with any school-sponsored club or activity, any class officer position, and any leadership on any athletic team) in any extracurricular and/or co-curricular for the duration of the season/ activity.

## PROHIBITED CONDUCT

No Lincoln-Way student participating in any extracurricular and/or co-curricular activity shall:

1. Possess, use, distribute or sell, or attempt to possess, use, distribute or sell, drugs, any substance represented to be a drug, controlled substances, drug paraphernalia, alcohol, tobacco and/or tobacco products.
2. Knowingly remain in the immediate presence of any person who is illegally using, possessing, distributing or selling drugs, any substance represented to be a drug, controlled substance, cannabis, drug paraphernalia, or alcohol, unless the student could not leave the person's presence without endangering himself/herself or others.
3. Commit and/or attempt to commit, and/or knowingly remain within the presence of one who commits and/or attempts to commit the offense of hazing, theft, assault, vandalism, illegal use of a weapon, or any other offense, which may be punishable by a court of law.
4. Use inappropriate, vulgar, lewd, indecent and/or derogatory language while representing the school at an extracurricular or co-curricular event.
5. Misuse school buildings, facilities and/or equipment.
6. Commit acts, which would bring disrepute to the extracurricular program in which the student is a participant.
7. Fail to abide by any other Lincoln-Way rule and/or policy as identified in the Lincoln-Way Parent-Student Handbook and/or the rules and regulations of the Illinois High School Association.

## CONSEQUENCES

**In General.** Failure to abide by any provision contained in this Code of Conduct may result in temporary suspension from the activity; disqualification from the activity for the remainder of the season and/or the school year; temporary suspension and/or disqualification from any and/or all extracurricular and/or co-curricular activities; or permanent disqualification from participating in any Lincoln-Way extracurricular and/or co-curricular student activity programs for the remainder of the student's high school career.

**Students involved in clubs and/or activities that do not compete or perform will be subject to consequences set forth in the by-laws of their club/activity.**

## Tobacco, Drug, Alcohol or Other Prohibited Substances

### a. First Offense

Suspension from extracurricular and/or co-curricular activities for the equivalent of one complete season. To complete the terms of the suspension, the student-offender may be disqualified from more than one activity and may cover more than one school year. In lieu of suspension for one complete season, the student will be suspended from the activity for not less than 20% of the IHSA season limitations for athletic contests (Sec 5.00 IHSA Sports Season By-Laws) and/or scheduled performances and/or scheduled activity contests, if the student and parent or guardian attend an educational substance abuse program approved by the school district. Written proof of scheduled appointment dates at the program is required before the student will be deemed eligible to resume participation in the student activity. Failure to complete the program as scheduled may result in further discipline. During the time of contest/performance suspension, the student will be required to attend and participate in all practices. The student will not be allowed to dress or be at a contest/performance as a member of the team until the length of the suspension has been satisfied.

### b. Second Offense

Suspension from extracurricular and/or co-curricular activities for the equivalent of one complete season. To complete the terms of the suspension, the student-offender may be disqualified from more than

one activity and may cover more than one school year. In lieu of suspension for one complete season, the student will be suspended from the activity for not less than 50% of the IHSA season limitations for athletic contests (Sec 5.00 IHSA Sports Season By-Laws) and/or scheduled performances and/or scheduled activity contests if the student and parent or guardian attend an educational substance abuse program approved by the school district. Written proof of scheduled appointment dates at the program and attendance at a meeting with a Lincoln-Way student counselor and/or school administrator are required before the student will be deemed eligible to resume participation in the student activity. Failure to complete the program as scheduled may result in further discipline. During the time of contest/performance suspension, the student will be required to attend and participate in all practices. The student will not be allowed to dress or be at a contest/performance as a member of the team until the length of the suspension has been satisfied.

### c. Third Offense

Permanent suspension from participating in activities for the remainder of the student's high school career. It is recommended that a meeting be held between the student, the student's parent or guardian, and a Lincoln-Way counselor/administrator to discuss outside resources where the student can obtain professional help or counseling.

## VOLUNTARY ADMISSION

A voluntary admission shall occur when a parent and/or student initiates communication and admission with a certified employee of the school district before the student is arrested, detained, confronted, or apprehended by any law enforcement personnel, school personnel, other governmental personnel or a private citizen, or before a school investigation has begun. This communication and admission must occur before the student returns to school or school related function/activity. Under this circumstance, a voluntary admission will count as a first or second offense and the student will not be subject to consequences of suspension. If the offense involves drugs, alcohol, or other prohibited substances, the student will be required to attend an educational substance abuse program that has been approved by the school district. The purpose of this provision is to

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allow a student to seek help. Voluntary admission may NOT be used by a student if the rule infraction is already known by the school. Voluntary admission may be used by the student only one time during the student's high school career and cannot be used on a third offense.

The Code of Conduct will be in continuous effect from the date that it is signed until the student graduates, subject to any revisions imposed by Lincoln-Way.

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### **ACT! (Accepting Communities Together)**

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"ACT!" now if you want to meet interesting, diverse, and unique individuals. Share and discuss your thoughts and ideas about our rapidly changing society. Explore different cultures and help shape and mold the ACT! Club.

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### **AFJROTC DRILL TEAM**

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The Drill Team is open to all cadets in the Junior Reserve Officer Training Corps (JROTC) program. It is designed to teach teamwork and develop advanced drill techniques for future performances and competitions during the year. The Drill Team consists of an advanced unarmed team, a first year unarmed team, a combined (advanced/first year) rifle team, an advanced color guard team, a first year color guard team and duet(s) teams. Practice times are scheduled throughout the week for all groups of the overall Drill Team. It takes dedication and attendance to win competitions. We also perform drill sequences at various community functions, parades and lower level schools during holidays and special events.

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### **ART CLUB**

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Art Club is open to all students whether or not they are currently enrolled in an art course. Students meet twice a month for club activities. Each year these activities vary depending on the members. Special Art workshops allow students to learn new art techniques. Community projects and fundraising activities are also included. Art Club also helps to support and exhibit at ArtWorks and the spring art show.

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### **BOOK CLUB**

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All students currently attending Lincoln-Way are eligible for membership. The purpose of this organization is to provide the opportunity to promote and discuss literature with peers.

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### **CHESS CLUB**

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The Chess Club is open to all who wish to play the exciting game of chess or various strategic historical simulation games, based on real events, mostly actual battles and military confrontations. Both beginners, who wish to learn either or both of these types of games, and experienced players, who desire to improve their games, are invited to participate.

All students who qualify will be given the opportunity to represent the school in conference competition in chess. All interested students are urged to apply for membership.

An all-school chess tournament will be held, and awards will be given to the winners. Individuals may obtain a varsity letter for chess. The player of the year will receive an award on the basis of his or her contribution to the team.

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### **COMPETITIVE JOURNALISM**

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Competitive Journalism is an IHSA activity that involves 15 various categories. These categories include photography, review writing, advertising, headline and caption writing, copy editing, editorial writing, editorial cartooning, yearbook layout, feature writing, news writing, newspaper design, newspaper sports writing, yearbook theme development, yearbook copy writing, and computer generated graphics.

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### **COMPUTER REPAIR CLUB**

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The Computer Repair Club is open to any student in grades 9-12. The club meets weekly to refurbish donated computers that are then given back to the community through the district asset program.

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### **COMPUTER TECHNOLOGY CLUB**

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Computer Technology Club allows members to explore technology in a non-class setting. Members may follow their own interests to learn new skills or refine old ones. A member may surf the Internet, create a web page, or research a topic. All member activity is supervised and conforms to the district computer usage policy and ethical standards. Meetings are usually for one hour, but are occasionally extended to three hours.

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### **CREATIVE WRITING CLUB**

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Creative Writing Club is an open membership to any Lincoln-Way student. The primary goal of the Creative Writing Club is to welcome, encourage, and celebrate the creative minds of our students.

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### **DEBATE TEAM**

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As a debater you will acquire excellent speaking skills for the future. Debate will teach you to argue two sides effectively by researching evidence that supports your claims. Debate will teach you the importance of recognizing both sides of an issue, thereby making you a fair and impartial speaker. Participation in debate will help you become a better writer, listener, and speaker.

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### **DRAMA CLUB (Contest Play & Group Interpretation)**

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The Lincoln-Way Drama Club is open to all students interested in learning about and working in the theatre. Practical experience through participation in two theatrical productions each year is the key offering for all interests, and it is not limited to cast members. The concept of a working theatrical company is stressed, so that all may learn the many facets of the theatre, including scenery construction, lighting, sound, make-up, wardrobe, house management, properties and publicity. Students are given training and practice in these areas so that together, with a student director and stage manager, they can actually present the performances on their own. Speaking parts in the plays are awarded on the basis of open auditions for each show. The fall play and the spring are the two major plays during

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the school year. The spring show will also perform in competitions at conference, sectionals, and state for IHSA Drama. In addition to the two plays and the contest play, we will also be performing in the IHSA Group Interpretation competition.

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### **ENVIRONMENTAL ACTION CLUB**

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Interested in the great outdoors? in living things? in your health? The Environmental Action Club is the place to be. Come and meet new people, share in new adventures, and leave a little better for having experienced it all. Maintenance of walking trails, sponsorship of endangered animals, and trips to learn about the fascinating world of nature are just a few of the possibilities. Everyone welcome!

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### **FBLA (Future Business Leaders of America)**

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Future Business Leaders of America is one of the largest national student organizations in the nation with 250,000 members. Students have the opportunity to develop leadership skills, learn about business careers, participate in competitions, and attend regional, state, and national competitions. It gives its members the competitive edge through career development, self-improvement, and volunteer programs. FBLA also gives students a chance to earn scholarships and participate in leadership positions on a local, state, and national level. Open to all students.

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### **FCA (Fellowship of Christian Athletes)**

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FCA, founded in 1954, is the largest interdenominational, school-based, sports organization in America. FCA is open to all interested students and provides opportunities for participation in huddle sessions, sports nights, outreach programs, and provide information for summer camps throughout the year.

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### **FEA (Future Educators of America)**

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The FEA has been organized in many of the high schools in the country. Its purpose is to

acquaint students with the various fields and levels of teaching and to familiarize them with some of the problems one encounters in teaching. A number of teachers from both the Lincoln-Way staff and other schools are invited to discuss with the prospective teachers their subject areas and other phases of teaching.

Through professional reading, discussion, and personal contact, FEA members become better acquainted with the profession. Membership is open to any student who is interested in teaching as a career and who is able to maintain average grades.

The club performs many service projects for the school and community, such as guides for parent conferences and tutoring area students.

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### **FFA (Future Farmers of America)**

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The FFA organization is open to all members enrolled in an agriculture course. The members learn a variety of skills through participating in the activities of the organization. Members learn to take part in meetings, to follow parliamentary procedures, to speak in public and to cooperate with their fellow students in programs for individual and community betterment.

During the year, members may participate in a variety of contests at the local, sectional, district, state or national level. Some of the contests are horse, livestock and dairy evaluation, crop judging, land use selection, parliamentary procedures and public speaking. Many members also prepare exhibits to compete at the summer agriculture fair. Members may also receive a variety of awards for their participation.

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### **INTERACT CLUB**

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Interact is a service organization sponsored by a local Rotary Club to promote school and community relationships through yearly projects. It also serves to further international understanding. Interact helps young people develop initiative, leadership skills and lasting friendships.

The Rotary Club gains a service partner through the Interact Club and helps to prepare the community's youth for future leadership roles. Interact members have the chance to participate in community service projects, social functions, fundraising projects and conventions.

There are approximately 1.2 million Rotarian members in more than 29,000 Rotary Clubs in 160 countries.

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### **INTERNATIONAL CLUB**

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International Club membership is open to any student of Lincoln-Way High School, regardless if enrolled in a world language. The purpose of this club is to develop an understanding of the different cultures in our society. Each month there are two meetings and one cultural activity. Some activities include going to various restaurants, plays, musicals, museums, having cultural parties, film festivals, and attending cultural fests within Illinois.

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### **INTRAMURAL SPORTS**

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Intramural sports are open to any student in grades 9-12. Intramurals are divided into monthly events and run after school and in the evenings. Intramurals are non-competitive and encourage having fun in an atmosphere of good sportsmanship and physical fitness.

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### **JAZZ ENSEMBLE**

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The music department sponsors the L-W Jazz Band which performs at various concerts, jazz festivals, and community events. The band presents music in a wide variety of styles. Membership is open to all students currently enrolled in a Lincoln-Way band. Exceptions will be made for special instrumentation and must be approved by the director and music department chairman.

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### **KEY CLUB**

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Key Club is a service organization sponsored by a local Kiwanis Club to promote school and community relationships. The club is unique for its aim in the development of character and leadership abilities through participation in community service projects, athletic and social functions, fundraising projects, and conventions. A primary goal of Key Club is to prepare young people for useful citizenship. Nationwide, there are over 130,000 young men and women actively involved in Key Club.

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## LITERARY MAGAZINE

The Fine Arts Magazine is the outlet for creative students of all interests. Each year features the best that Lincoln-Way students submit of their original work in writing (poems, essays, short stories), or art (drawing, paintings, sculpture, photography), and any other worthy efforts that can be visually represented on its pages. Submissions are also sought from world language, speech, home economics, drafting and mathematics.

Creativity from **any** area is accepted and evaluated by a student editorial board who makes their decisions without knowing the authors' and artists' names. Students apply for this board annually, and they must maintain a 2.25 GPA to remain active. Consequently, board membership is open to sophomores, juniors and seniors only. Submissions, however, are accepted from **all** students.

The creator must verify originality and release the work for publication, just for school purposes, retaining the ultimate right to the work.

Any and all students are encouraged to submit their best creations to this board of their peers. This is the magazine of the students, by the students, and for everybody!

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## MADRIGAL SINGERS & LADIES

These premier vocal ensembles present the annual Madrigal Dinners in December. The Madrigal Singers & Ladies are selected by audition from members of the choir. The ensemble rehearses during study hall each day and at least one evening each week.

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## MARCHING BAND

The Marching Band is Lincoln-Way's traveling and competing marching unit. The roster includes, in addition to the playing block of winds, the Color Guard and an award-winning drumline. Participation begins with fundamental instruction and music/marching auditions in May. When selected for membership, student involvement continues with summer drills and parade performances. All members are expected to attend the L-W summer band camp for intensive marching drill and music rehearsals. After school begins, additional drills are held a minimum of three days a week after school, while most fall weekends are given over to performances or special

rehearsals. The season culminates in the annual "Sounds of the Stadium" marching band concert.

Each member of the Marching Band is expected to make a full commitment to the organization in terms of both faithful attendance and maximum effort. Excuses from rehearsal or performances are not allowed except for illness or death in the immediate family.

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## MATHLETES

Mathletes is the 9-12 inter-school mathematics team which competes in the ICTM Regional/State Math Contest and six other national leagues. The purpose of the organization is not only to compete, but to integrate and solidify those mathematical topics which are covered in the classroom. In addition, topics (especially in the area of technology), not normally covered in traditional mathematics classroom are taught.

The contests in the national leagues take place during the school day. The participation of the team in the state math contest takes place in the evening. There are written, group, graphing calculator, and oral competitions.

Any student may become a Mathlete. The only requirements are that he/she be interested in some field of mathematics with a desire to learn more about it. The team's season runs from September 1 - May 1, and practices/contests are always scheduled around as many other sports and extra-curricular activities as possible.

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## MEN'S CHOIR

This male glee club rehearses once a week and is open to all men regardless of current membership in a choral organization. A wide range of literature is performed, and at least one concert appearance is made each year. Members of Men's Choir may participate in IHSA Music Contest and the spring musical.

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## MU ALPHA THETA

Mu Alpha Theta is a honorary mathematics club. Our chapter is the Alpha chapter in Illinois being founded in April, 1957. The objectives of this high school and junior college math club are to promote mathematics,

to further the student's interest in mathematics, and to give the student an opportunity to explore the applications of mathematics. More specifically, we host guest speakers, hold a fundraiser for the Della Hussey Scholarship Fund, host the grade school math contest, sponsor field trips, allow the students time to socialize with students from other buildings or different schools, and participate in the Mu Alpha Theta National Convention. To become a member, each student must at least have completed geometry, and be enrolled in advanced algebra, or beyond, and have a B average for all mathematics courses, and have a B average for all classes.

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## NATIONAL HONOR SOCIETY

The National Honor Society at Lincoln-Way High School is an organization that recognizes and encourages academic achievement and ideals of scholarship, character, service and leadership. It is an active organization that meets regularly and is involved in school service, such as tutoring, and community service projects.

Selection of National Honor Society members takes place in the fall of the sophomore, junior, and senior year. All students who have a 3.5 grade point average after the first semester of their sophomore, junior, or senior year are invited to apply for membership by filling out an activity questionnaire. While both school and community activities are evaluated, emphasis is placed on school involvement and leadership. It is important, therefore, that students are **actively involved** and demonstrate leadership in Lincoln-Way clubs, sports and activities in order to gain the points needed for membership.

Selection to NHS is made by a faculty council which evaluates the student's credentials in the areas of character, leadership and service.

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## NEWSPAPER

The student newspaper is a student publication designed to give interested students the opportunity to write in a news format. The students submit original pieces in news, features, entertainment, editorials, or sports. Student photos are also submitted. The newspaper is open to all students who wish to participate. The newspaper is published four to six times during the school year.

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## ORCHESIS

Orchesis gives those students with a strong desire and talent in dance the opportunity of expressive movement through the art of dance performance. The goal of this organization is to educate and strengthen the appreciation of dance as an art form. The participants will have the advantage of experiencing many dance areas that interest them, including ballet, jazz, tap, modern, etc. A full commitment of effort, attending rehearsals, and scheduled events is expected of each member.

Student tryouts take place in late fall and require participation in a workshop, followed by an audition.

Some activities include the Illinois High School Dance Festival, school and community performances, professional workshops, field trips, possibility of state and national competition, and much more.

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## PEER HELPERS

A natural peer helper program is active at Lincoln-Way High School. The Peer Helper Program recognizes that adolescents often turn to their peers for advice. With this in mind, the program selects and trains teens to provide assistance to their peers.

Through a survey given to freshman students at the end of the first quarter grading period, the Peer Helper Program identifies students who have demonstrated a natural helping ability.

Throughout training, the peer helpers are introduced to basic helping skills in communication, decision making, active listening and awareness of resources. The peer helpers are not professionals and are trained to know their limits and to seek adult professional guidance when appropriate.

Peer Helpers are friendly, supportive, and responsible young people who are committed to confidentially assisting their peers in personal growth, decision making, and the use of professional resources when needed.

For more information, contact a member of the Pupil Personnel Services Department.

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## YELLOW RIBBON/ CARD PROGRAM

Lincoln-Way High School's Peer Helper Program has implemented the Yellow Ribbon/Card Program. The administration is in full support of this pro-active, suicide prevention outreach program. This program was founded in 1994 by the parents of Mike, a bright, funny, and loving teen who took his own life

when he did not know the words to say, or how to let someone know he was in trouble and needed help.

The goal of this program is to provide awareness and access for students in time of crisis. Each Lincoln-Way student will be given a card that carries the power of life as it speaks for those still alive, in pain, and needing help.

A youth can give the card to someone they trust when they are at a time of crisis or need to talk. The back of the card tells the person receiving it how to respond and what to do. They are alerted to the youth's need for intervention.

Sponsored by the Light for Life Foundation of America, The Yellow Ribbon Program has been used in all 50 states, Canada, and 21 foreign countries. For more information about The Yellow Ribbon/Card Program, check out the website address at:

[www.yellowribbon.org/info.html](http://www.yellowribbon.org/info.html); read about it in *Chicken Soup for the Soul #3, "For the Love of a Child"*; *Chicken Soup for the Teenage Soul, "I'll Always be with You"*; or contact the PPS office.

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## PEER MEDIATORS

Peer Mediators is a group of students that provides assistance to the student body in conflict resolution. Mediators are called upon throughout the year to help their fellow students resolve conflicts in a peaceful and fair way. Referrals to mediation come from students, deans, or faculty members. Participation by the disputants is always voluntary, and they need to come to the table prepared to work toward an equitable solution. **Peer Mediators are chosen from students that have been previously trained in junior high.**

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## PEER MENTORS

The Peer Mentor Program is dedicated to helping our freshman transition to high school. Junior mentors are placed in freshman advisory periods to provide guidance, leadership, and support. They conduct prescribed activities to guide the freshmen through their first year. Some topics include dealing with peer pressure, what to expect during Homecoming week, how to join a club or activity, and how to prepare for final exams.

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## PI SIGMA PI

The Lincoln-Way Chapter Alpha Omega serves as the mother chapter for the State Academic Honor Society in History.

Membership is open to students who have demonstrated both exceptional academic success in their history courses and leadership potential. Students are nominated for membership by their history teachers and inducted during a ceremony each fall. The goals of Pi Sigma Pi include encouraging interest in the formal study of history, undertaking local historical projects and field trips, providing healthy socialization opportunities with students of similar interests, and recognizing outstanding academic achievement. The organization usually meets twice a month, once to plan activities, hear speakers or complete a project, and once to carry out plans for field trips and visits, most often undertaken on the weekends. To qualify for nomination, all students must have demonstrated the potential for leadership, and those in conventional history courses must have earned an "A" for the year. Those in honors or AP history courses must have earned at least an "A" for the year.

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## POMS

The purpose of the squads is to promote school spirit and to entertain during halftime at home football and basketball games. Each squad member will benefit by improving her individual dance skills through learning new dance techniques, drill and practice, performance, and/or competition. Members will also learn how to function and cooperate within a group setting while developing leadership skills. The competitive season begins in the winter.

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## SCHOLASTIC BOWL

Scholastic Bowl is an academic organization in which students compete against other schools. Students answer questions about all academic subjects as well as contemporary subjects, such as movies and music. Students compete and answer questions at the freshman/sophomore level as well as the junior/senior level. All students are welcome to join.

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## SCIENCE CLUB

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Our purpose as a Science Club is to experience a science being utilized in a day-to-day fashion by people in the work force and to add to our general knowledge of the realm of science. These experiences will include guest lectures and field trips. Participation in field trips and guest lectures is expected of all Science Club members. Members are expected to attend at least two-thirds of these mentioned events.

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## SKILLS U.S.A.

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Skills U.S.A. is open to all Lincoln-Way students. It is helpful, but not required, to be enrolled in a full-time preparatory course in trade, industrial, technical, or health education. Skills U.S.A. is a state, national, and international organization.

Our purpose is to develop leadership abilities through participation in educational, vocational, civic, recreational, and social activities. We foster a deep respect for the dignity of work. We assist students in establishing realistic vocational goals. We participate in three (3) leadership conferences a year, and the students are given opportunities to compete in contests demonstrating both leadership and vocational skills.

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## SNOWBALL

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Operation Snowball is a weekend retreat run by students with adult supervision. It provides an opportunity for teens to learn more about themselves, their families and their peers. Operation Snowball promotes personal and interpersonal growth, leadership skills and healthy decision making. Guest speakers and teen staff make presentations on teen selected topics such as self-esteem, communication skills, dealing with stress and drug and alcohol abuse prevention. Students from all classes at Lincoln-Way are encouraged to attend this weekend. Other Snowball activities are held throughout the school year.

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## SPEECH TEAM

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Our season starts with practice in September and October. Competition begins in Novem-

ber and runs through February. There are meetings twice monthly for the whole team, while individuals meet with their respective coaches to rehearse their events at least once every week.

We compete with schools from the entire state at both varsity and novice levels in the following events: Dramatic Duet Acting, Dramatic Interpretation, Extemporaneous Speaking, Humorous Duet Acting, Humorous Interpretation, Impromptu Speaking, Oratorical Declamation, Original Comedy, Original Oratory, Performance in the Round, Prose Reading, Radio Speaking, Special Occasion Speaking, and Verse Reading.

Our purpose is to increase students' confidence and creativity in speaking to the public and performing in front of audiences. Personal, oral communication will never be replaced by computers!

### *Other Speech-Related Activities:*

### **VFW — Voice of Democracy Contest**

The VFW National Voice of Democracy Scholarship Contest, an audio essay competition, is available to tenth, eleventh, and twelfth grade students attending Lincoln-Way High School. To enter the competition, students write and record a three to five minute essay covering the year's assigned patriotic theme.

There are numerous opportunities to win scholarships. Bonds, scholarships and citations are given at all levels of competition. In addition, the local VFW offers monetary awards and certificates of achievement to the top three Lincoln-Way High School finalists.

### **The American Legion High School Oratorical Contest**

The American Legion High School Oratorical Contest is available to ninth, tenth, eleventh, and twelfth grade students attending Lincoln-Way High School. The contest consists of a prepared eight to ten minute oration on some phase of the constitution which emphasizes the duties and obligations of a citizen to the government and a three to five minute extemporaneous speech on an article or amendment selected by the National Americanism Commission.

Besides providing excellent experience for high school students participating in the contest improving their abilities to think and speak clearly and intelligently and developing a deeper knowledge and appreciation of the Constitution of the United States a number of scholarships awards and citations are granted at the local, state, and national levels.

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## SPIRIT CLUB

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The Spirit Club supports all of the clubs, activities, and sports throughout the year. They are responsible for all of the theme days, posters, and noisemakers in the stands at athletic events.

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## SPRING MUSICAL

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Any student of Lincoln-Way High School may audition for the spring musical. The musicals of Lincoln-Way enjoy a prestigious tradition of quality due to the great commitment of the people involved. Students may be in the cast or on the production staff. Rehearsals begin in late February with the performance in early May.

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## STEP TEAM

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The Step Team is a group of talented individuals who have a love for hip-hop music and channel that into organized dance. The Step Team is open to anyone who is willing to work with others to accomplish a unified dance performance.

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## STUDENT AMBASSADORS

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Former transfer students are selected to help new transfer students acclimate to Lincoln-Way High School. Activities include orientations throughout the school year, advisory period meetings, and various after-school activities. The student ambassadors present a summer program for all incoming transfer students prior to the first day of school.

## STUDENT COUNCIL

The Student Council at Lincoln-Way High School serves as a coordinating agency for many activities at the school and is one of the school's most important organizations. Through their elected representatives, Lincoln-Way students have an opportunity to participate in the governing of the various phases of their school life.

Article II of the Student Council constitution, revised in the spring of 1971, states: "The purpose of this organization shall be: 1. To stimulate a spirit of cooperation between the students, and the faculty and administration. 2. To aid in the development of loyal, constructive school spirit. 3. To accept club charters and recognize each club as an organization of good standing. 4. To represent students in all dealings with the administration and in all dealings with any party for whom student representation is needed. If these purposes are to be carried out, the cooperation of the entire student body is necessary.

The Student Council offers an excellent training ground for citizenship education, and for all-around social and intellectual development. Student Council membership is one of the greatest privileges and responsibilities in a student's high school career, and is a goal well worth aiming toward.

Among the important duties of the Student Council is the organization and supervision of all major elections. To be elected to Student Council, a student needs only to take out a petition at the announced time and place, secure the required number of signatures from his/her class members, and return it at the announced time and place to have his/her name placed on the official ballot. Student Council representatives may not concurrently hold another class office. Membership in good standing involves passing grades in all classes throughout the school year, high personal standards and the required participation in Student Council activities.

One of the major duties of the Student Council is the coordination of the club program. All clubs must submit their constitutions to the Student Council for approval before the club is recognized as a school organization. All student concessions are allocated by the Council to the various clubs and classes. The Council helps the administration in setting up general rules and policies in regard to dances and other student activities. Members of the Council meet with the administration once a month to present student ideas and concerns.

The Student Council executive board also serves as the executive board of the Lincoln-Way chapter of Dollars for Scholars. Dollars for Scholars is a local, volunteer-operated,

community-based scholarship foundation legally associated with Citizens' Scholarship Foundation of America. During the school year Dollars for Scholars may organize and run a fundraiser with the goal of providing scholarships to deserving Lincoln-Way students.

An active Student Council needs the support of the entire student body. Keep informed about the activities of your representative organization, and take advantage of its many services.

## STUDENTS AGAINST DESTRUCTIVE DECISIONS (S.A.D.D.)

The Lincoln-Way S.A.D.D. Club is open to all interested students on a monthly basis. The members help promote an anti-drinking and anti-drug message by making posters, giving out free red ribbons to students during Homecoming week, decorating the outside of the school with red ribbons and putting informational statistics on the announcements. Our purpose is to promote awareness in order to support this great cause.

## TEENS AGAINST TOBACCO USE (T.A.T.U)

T.A.T.U. is a tobacco education program designed to help teens develop strong leadership skills while influencing younger children to live tobacco-free lifestyles. This state-wide program is sponsored by the American Lung Association and is designed specifically for teens as a peer-mentoring program. T.A.T.U. is based on research about smoking prevention and the consequences of smoking.

## TELEVISION CLUB

The Television Club is an extra-curricular activity training students in all facets of television production. The Television Club particularly seeks potentially gifted and talented students in non-traditional areas, such as performing arts, drama and comedy, news and sports journalism, electronics, sound/lighting, computer graphics, and personnel management. Club members train on industrial grade cameras, editors, and mixers provided by Lincoln-Way High School.

Participation in the Television Club requires some time commitment after school and occasionally on weekends. While some club members are preparing for careers in television, others join the Television Club just for the fun of television production.

## VOCAL JAZZ ENSEMBLE

This choir is open to men and women in grades 11 & 12 who wish to pursue singing in the vocal jazz idiom. The ensemble rehearses one afternoon each week. The literature is generally of moderate to high difficulty. The ensemble meets during the second semester only.

## WOMEN'S CHOIR

These select female ensembles rehearse once a week and are open to all women by audition. The groups perform a wide range of music in the lighter style and perform at least once a year.



## CLUB/ATHLETIC TRANSPORTATION

All students involved in school-sponsored activities, where transportation is provided by the district, must utilize the district transportation to and from the activities. Exceptions may be made for parents to provide the transportation home from an event if all of the following circumstances are met: a.) The student must provide a parental note to the sponsor or coach at least one day before the event, stating the reason for the request; b.) The student must receive the sponsor's or coach's permission to do so; c.) Parents must make personal contact at the event with the sponsor or coach to verify the student's release after the event; d.) The parents may take their son or daughter only, and may not take other team members or participants with them.

## SPORTSMANSHIP CODE

In order to maintain the highest principles of sportsmanship and ethics of competition, Lincoln-Way High School shall adopt the following policy:

1. If possible, when the host school band performs at a conference football or basketball game, the school song of both the host school and the visiting school shall be played prior to the beginning of the national anthem.
2. There shall be no display of derogatory or unsportsmanlike banners or signs at the contest site. (Breakthrough signs, homecoming signs and floats shall also be non-derogatory.)
3. All host schools shall encourage their fans to extend both participant teams common foul-line courtesy.
4. The use of mechanical noise makers, such as horns, sirens, cowbells or band instruments shall not be allowed indoors.
5. In all football contests, if the goal posts are to be decorated, one goal post shall be decorated with the colors of the host school and the other goal post shall be decorated with the colors of the visiting school.
6. Students and fans of all home schools of the conference are encouraged to participate only in those acts which will tend to promote cooperation and friendship among the students and schools.

## INTERSCHOLASTIC

Taking part in an athletic program of the type offered at Lincoln-Way District 210 schools is a real privilege. The participants will have many worthwhile experiences and associations while participating on an interscholastic level.

The interscholastic athletic program is designed to challenge the student whose capabilities, abilities, and interests in athletics are above those required in the regular physical education classes, and the intramural program.

The purpose of the program is to promote the physical, mental, social, emotional, and moral well-being of the participants. Athletics are intended to function in such a way that they will be a positive force in preparing youth for an enriching and vital role in American life.

## CODE OF CONDUCT PROGRAM

Any student who intends to participate and/or actively participate in any extra-curricular activity and/or co-curricular activity and at least one of their parents or guardians will be required to attend a code of conduct program in order to be eligible for interscholastic competition. This requirement is once per child during their high school career. Information on the time and dates for these programs will be provided to the student athletes.

## SCHOLASTIC ELIGIBILITY

Student athletes will be required to have their grades checked weekly. If at any time they are not passing 25 credit hours, student athletes will be ineligible for interscholastic competition until they are passing 25 credit hours. For all students 25 credit hours is equal to passing any five subjects.

## INTERSCHOLASTIC SPORTS

The following sports are offered at Lincoln-Way High School during the year. Students should contact the coach at the appropriate level for information concerning the sport in which they have an interest.

### FALL

Boys' Cross Country  
Girls' Cross Country  
Football  
Boys' Golf  
Girls' Golf  
Cheerleading  
Boys' Soccer  
Girls' Swimming  
Girls' Tennis  
Girls' Volleyball

### WINTER

Boys' Basketball  
Girls' Basketball  
Boys' Bowling  
Girls' Bowling  
Cheerleading  
Competitive Dance  
Girls' Gymnastics  
Boys' Swimming  
Wrestling

### SPRING

Girls' Badminton  
Boys' Baseball  
Boys' Gymnastics  
Girls' Soccer  
Girls' Softball  
Boys' Tennis  
Boys' Track  
Girls' Track  
Boys' Volleyball  
Boys' Water Polo  
Girls' Water Polo